

DIVISION OF NATURAL SCIENCES

SCHOOL OF SPORT AND EXERCISE SCIENCES

School Website: www.kent.ac.uk/sportsciences/

Please refer to the online Module Catalogue for full details of all modules:
www.kent.ac.uk/courses/modules/

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your course.

Students should check the Module Catalogue to see if pre-requisites apply to each module. No Level 4 modules can be taken at Stage 3.

Please select a link below to view the Stage 2 and 3 requirements for your course:

- [Sport and Exercise for Health](#)
- [Sport And Exercise For Health With A Foundation Year](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport and Exercise for Health with Sport Management](#)
- [Sport and Exercise for Health with Sport Management with a Year in Industry](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Foundation Year](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport and Exercise Science with Sport Management](#)
- [Sports Therapy and Rehabilitation](#)
- [Sports Therapy and Rehabilitation with a Foundation Year](#)

The information contained herein is correct at the time of publication. Please note, however, that if a module recruits fewer than 8 students it is possible that it will not run. In this event, you will be contacted and asked to select an alternative module.

SPORT AND EXERCISE FOR HEALTH
SPORT AND EXERCISE FOR HEALTH WITH A FOUNDATION YEAR
SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY
 Single Honours

USEH0001Z1BS-F
USEH0001F1BS-F
USEH0001P2BS-F

STAGE 2 – 121 credits

Students are advised to take 60 credits in each term, but may study a **minimum** of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5670	Sport and Exercise Promotion	30	Autumn & Spring	5
SPOR5920	Research Methods, Design & Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

PLUS 60 credits from the following optional modules (at least 30 credits of which must be at level 5):

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR3510	Mechanisms of Sport Injuries	15	Autumn	4
SPOR3530*	Sport and Remedial Massage	15	Spring	4
SPOR5003	Performance Analysis in Sport	15	Autumn	5
SPOR5270	Exercise for Special Populations	15	Spring	5
SPOR5300	Sport & Exercise Leadership	15	Autumn	5
SPOR5330**	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5340	Exercise Physiology	30	Autumn & Spring	5
SPOR5690	Sport & Exercise Psychology	15	Spring	5

*You must select this module to take SPOR5580 at stage 3

**You must select this module to take SPOR5650 at stage 3

SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY

USEH0001P2BS-F

STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Autumn & Spring	5
SPOR5910* +	Industrial Placement Experience	90	Autumn & Spring	5

*Module cannot be compensated or condoned

+Module cannot be trailed

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a **minimum** of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 45 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6
SPOR5580*	Soft Tissue Techniques	15	Autumn	6
SPOR5650**	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6
SPOR5760	Contemporary Issues in Athlete Preparation for Competition	15	Autumn	6
SPOR5790	Industry Placement	30	Autumn & Spring	6
SPOR6002	Applied Performance Analysis	15	Spring	6

*To select this module you must have previously taken SPOR3530

**To select this module you must have previously taken SPOR5330

SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT

USEM0001X1BS-F

SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT WITH A YEAR IN**INDUSTRY**

USEM0001P1BS-F

Single Honours

STAGE 2 – 121 credits

Students are advised to take 60 credits in each term, but may study a **minimum** of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (105 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5300	Sport and Exercise Leadership	15	Autumn	5
SPOR5550	Principles of Sport Marketing	30	Autumn & Spring	5
SPOR5670	Sport and Exercise Promotion	30	Autumn & Spring	5
SPOR5920	Research Methods, Design & Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

PLUS 15 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR3510	Mechanisms of Sport Injuries	15	Autumn	4
SPOR3530*	Sport and Remedial Massage	15	Spring	4
SPOR5270	Exercise for Special Populations	15	Spring	5
SPOR5330**	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5690	Sport & Exercise Psychology	15	Spring	5
SPOR5003	Performance Analysis in Sport	15	Autumn	5

*You must select this module to take SPOR5580 at stage 3

**You must select this module to take SPOR5650 at stage 3

SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT WITH A YEAR IN INDUSTRY

USEM0001P1BS-F

STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Autumn & Spring	5
SPOR5910* +	Industrial Placement Experience	90	Autumn & Spring	5

*Module cannot be compensated or condoned

+Module cannot be trailed

SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT
SPORT AND EXERCISE FOR HEALTH WITH SPORT MANAGEMENT WITH A YEAR IN
INDUSTRY

USEM0001X1BS-F
USEM0001P1BS-F

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a **minimum** of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Science	45	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sports Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 30 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5780	Event Management	30	Autumn & Spring	6
SPOR5790	Industry Placement	30	Autumn & Spring	6

The remaining 15 credits should be taken from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6
SPOR5580*	Soft Tissue Techniques	15	Autumn	6
SPOR5650**	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6
SPOR5760	Contemporary Issues in Athlete Preparation for Competition	15	Autumn	6
SPOR6002	Applied Performance Analysis	15	Spring	6

*To select this module you must have previously taken SPOR3530

**To select this module you must have previously taken SPOR5330

SPORT AND EXERCISE SCIENCE
SPORT AND EXERCISE SCIENCE WITH A FOUNDATION YEAR
SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

USES0001Z1BS-F
USES0001F1BS-F
USES0001P2BS-F

Single Honours

STAGE 2 – 121 credits

You must take the following compulsory modules (105 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5270	Exercise for Special Populations	15	Spring	5
SPOR5340	Exercise Physiology	30	Autumn & Spring	5
SPOR5690	Sport & Exercise Psychology	15	Spring	5
SPOR5770	Biomechanical Analysis	15	Autumn	5
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sports Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

PLUS 15 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5003	Performance Analysis in Sport	15	Autumn	5
SPOR5330*	Applied Nutrition for Sports Performance	15	Autumn	5

*You must select this module to take SPOR5650 in stage 3

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

USES0001P2BS-F

STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Autumn & Spring	5
SPOR5910* +	Industrial Placement Experience	90	Autumn & Spring	5

*Module cannot be compensated or condoned

+Module cannot be trailed

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a **minimum** of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory module (45 credits):

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5660*	Research Study in Sport Sciences	45	Autumn & Spring	6

*Module cannot be compensated or condoned

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 75 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6
SPOR5640	Physiology of Training and Performance Enhancement	15	Autumn	6
SPOR5650*	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6
SPOR5760	Contemporary Issues in Athlete Preparation for Competition	15	Autumn	6
SPOR5790	Industry Placement	30	Autumn & Spring	6
SPOR6002	Applied Performance Analysis	15	Spring	6

*To select this module you must have previously taken SPOR5330 at stage 2

Single Honours

STAGE 2 – 121 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5270	Exercise For Special Populations	15	Spring	5
SPOR5300	Sport and Exercise Leadership	15	Autumn	5
SPOR5550	Principles of Sport Marketing	30	Autumn & Spring	5
SPOR5690	Sport and Exercise Psychology	15	Spring	5
SPOR5770	Biomechanical Analysis	15	Autumn	5
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

SPORT AND EXERCISE SCIENCE WITH SPORT MANAGEMENT WITH A YEAR IN INDUSTRY
USEZ0001P1BS-F
STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Autumn & Spring	5
SPOR5910* +	Industrial Placement Experience	90	Autumn & Spring	5

*Module cannot be compensated or condoned

+Module cannot be trailed

SPORT AND EXERCISE SCIENCE WITH SPORT MANAGEMENT WITH A YEAR IN INDUSTRY
USEZ0001P1BS-F

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a **minimum** of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5780	Event Management	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 45 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5460	Applied Sport and Exercise Psychology	15	Autumn	6
SPOR5790	Industry Placement	30	Autumn & Spring	6
SPOR6002	Applied Performance Analysis	15	Spring	6

SPORTS THERAPY AND REHABILITATION

USTR0001Z1BS-F

SPORTS THERAPY AND REHABILITATION WITH A FOUNDATION YEAR

USTH0001F1BS-F

Single Honours

STAGE 2 – 121 credits – 60 in each term

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5580*	Soft Tissue Techniques	15	Autumn	6
SPOR5800*	Principles of Rehabilitation	15	Autumn	5
SPOR5810*	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	5
SPOR5820*	Applied Rehabilitation	15	Spring	5
SPOR5830	Psychology for Sport and Exercise Rehabilitation	15	Spring	5
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5

*Module cannot be compensated or condoned

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

SPORTS THERAPY AND REHABILITATION

USTR0001Z1BS-F

SPORTS THERAPY AND REHABILITATION WITH A FOUNDATION YEAR

USTH0001F1BS-F

Single Honours

STAGE 3 – 121 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5002	Professional Development and Placement	15	Autumn & Spring	6
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6
SPOR5840	Strength and Conditioning for Rehabilitation	15	Spring	6
SPOR5850	Injury Prevention and Return to Play	15	Autumn	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6